St. John's Healthcare Foundation

۲

2022-2023 Annual Impact Report



۲

Our mission

As members of CommonSpirit Health, Dignity Health– St. John's Regional Medical Center (SJRMC) and Dignity Health–St. John's Hospital Camarillo (SJHC) make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance health equity for all.

Our vision

A healthier future for all, inspired by faith, driven by innovation and powered by our humanity.

Our values

Compassion

Care with listening, empathy and love. Accompany and comfort those in need of healing.

Inclusion

()

Celebrate each person's gifts and voice.

Respect the dignity of all.

Integrity

Inspire trust through honesty.

Demonstrate courage in the face of inequity.

Excellence

Serve with fullest passion, creativity and stewardship. Exceed expectations of others and ourselves.

Collaboration

Commit to the power of working together.

Build and nurture meaningful relationships.

Foundation Board of Directors, Fiscal Year 2023

Katherine Edsall Wells, Chair Nancy Borchard, Vice Chair Tom Cronley, Secretary / Treasurer Dean Black, MD Jonathan Davis Kathy Ehrlich **Rich Favor** Suzanne Fussell, MD Jace Lad Thomas Lloyd-Butler Anthony Wu Barry Wolfman, President and CEO

Hospital Community Board of Directors, Fiscal Year 2023

Jerry Zins, Chair Sonia Robles, Vice Chair Tony Trembley, Secretary Gloria Mary Avila, RSM, Sister of Mercy **Brad Conners** Chirag Dalsania, MD Kristin Decas Neal Dixon, MD Gloria Forgea Greg Glover Ted Grether Jeff Davies, DO Suzanne Fussell, MD Joseph LoPresti, MD Megan Mescher-Cox, DO Joe Neff **Billie Jo Rodriguez** Grace Tuazon Katherine Edsall Wells Tania Shapiro Omar Zapata

St. John's Healthcare Foundation staff

Risa Jewell, Development Officer, Major Gifts Audra Lucas, Donor Relations Specialist

2 | Fueled by gratitude and sustained through partnership, we are transforming our community. Together.

A message from our leadership

 (\blacklozenge)



Barry Wolfman

((()



Katherine Edsall Wells

Friends,

Even as we look forward to the opportunities that lie ahead, it is appropriate to stop and to celebrate all that we've accomplished together over the last twelve months. St. John's Healthcare Foundation's annual report to the community is our moment to pause, to acknowledge your generous support and to share with you all that it—and you—have made possible.

At St. John's Hospitals—Oxnard and Camarillo, our leadership, physicians and staff understand philanthropy's important role in maintaining our hospitals' high standard of care today and in advancing innovative new ways to treat our patients tomorrow. Inspired and grateful giving fuels cutting-edge programs, makes possible state-of-the-art facilities and provides for the essential tools and technology our clinicians need to best care for our community.

Our accomplishments this year are impressive. Nearly 300 donors contributed \$1,171,000 to advance our mission and increase access to quality health care for all. In fiscal year 2023, this generous donor support provided essential funds for the Health Ministry's Community Health Outreach Programs, including the Food Pantry, St. John's Cancer Center, the Mother Infant Unit, and, of particular note, to reinstate the Music Therapy Program at our hospital in Camarillo.

As you read the inspirational stories of gratitude in the coming pages, remember that it is your humankindness and generosity that make exceptional care possible. The practice of medicine is ever-advancing. Our work is not done. Together, we will continue to make a difference within each of our care departments and actively impact the lives of each patient served.

We are grateful for your trust, your partnership and your support. We are thankful for you.

With gratitude,

Katherine Edsall Wells Chair, Board of Directors St. John's Healthcare Foundation Barry Wolfman President and CEO St. John's Regional Medical Center St. John's Hospital Camarillo

Recognizing 110 years of community support



 (\blacklozenge)

Left to right: Tom and Barbara Laubacher, Sister Suzanne Soppe, Nancy and John Borchard, and Tim McGrath.

On April 27th, the St. John's President Reception was held for the first time since the pandemic to recognize the long-standing supporters of St. John's Hospitals—the Humanitarian Giving Society and Major Donors.

The event marked the close of St. John's 110th anniversary celebration, and most fitting for the occasion was to recognize the families who have been foundational to the

۲

establishment of St. John's ministry in healthcare in serving the people of Ventura County.

Recognition was bestowed upon the Laubacher Family, the Sisters of Mercy, the Borchard Family and the McGrath Family. Each was presented a plaque that has been placed on one of the four pillars in front of St. John's Regional Medical Center. All who come to the hospital seeking care can see how these families' gifts of time, talent and capital have created a state-of-the-art healthcare facility in their community.

Philanthropic support has been part of St. John's history for more than a century and remains vital to fostering a healthy community for everyone.

New chaplain shadowing program at St. John's



Left to right: Fr. Lawrence D. Ahyuwa, George West, and Fr. Malachy Theophilus.

Both St. John's hospitals; George West, Market Vice President of

Mission Integration; Fr. Lawrence D. Ahyuwa, St. John's Chaplain Services Supervisor; and Fr. Malachy Theophilus, St. John's Chaplain, were featured in the Catholic Health Association publication.

The focus of the story was on a new chaplain shadowing program for seminary students that both St. John's hospitals would begin hosting in partnership with St. John's Seminary in Camarillo. This program featured six-week sessions for participants to learn about how and why chaplains provide spiritual care to patients.

4 | Humanity lights the way.

St. John's Healthcare Foundation by the numbers

۲



111 years serving the community
12,905 inpatient visits
152,016 outpatient visits
83,363 Emergency Department visits
10,470 surgeries performed
146 NICU admissions

1,090 babies delivered

۲



5,037 Cancer Center service visits

5 Community Wellness Programs

47,767 persons served with Community Wellness Programs

42,567 people served at the Food Pantry

274,553 pounds of food delivered

\$41,668,301 inpatient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants, and other community benefits



2,366 employees

706 affiliated physicians with privileges and allied professionals

1,061 nurses



\$1,171,000 total amount raised **298** donors

۲



207 volunteers

21,779.5 hours donated by volunteers

\$774,479 value of hours donated by volunteers

5 | St. John's Healthcare Foundation

St. John's employee giving story

Kristin Vigliotta: delivering humankindness during the birth experience

Kristin Vigliotta, a Registered Nurse in the Labor and Delivery Departmment (L&D) at St. John's Regional Medical Center (SJRMC), has deep personal connections to the L&D. She, her mother, and grandmother were all born in the old hospital building on F Street. In addition, her son was born in the current hospital.

After one of her mother's friends had given birth, Kristin paid her a visit in the hospital. It was then, at the age of twelve, when she decided to become a labor and delivery nurse. While pursuing a nursing degree at Westcoast University, she completed her preceptorship at St. John's L&D.

After graduating from college, she worked at an Obstetrics and Gynecology doctor's office and regularly delivered patient records to SJRMC. When she received an offer to join St. John's L&D team in 2014, she accepted it immediately.

Kristin enjoys supporting SJRMC's highly diverse patient population through the birth experience by providing care,

((()



guidance, education, and humankindness to women in labor, their family members, and support persons. She is one of St. John's dedicated employees who demonstrate their compassion and commitment by donating through our Employee Giving Campaign.

SJRMC legacy of service from the Gift Shop to the Food Pantry



St. John's Hospital was established 111 years ago by the Sisters of Mercy whose hard work and dedication laid the foundation for what the St. John's Regional Medical Center has become today. Continuing the legacy of the Sisters of Mercy, our dedicated current and previous volunteers make it their mission to be of service. There is always someone, somewhere, making a positive difference in the lives of our patients, visitors, staff and community. Being a part of one of the largest faith-based, not-for-profit healthcare systems in the U.S. and the only one in Ventura County, our volunteers help us provide the high-quality services our residents have come to expect.

Oftentimes friends, co-workers and family make donations in honor of a volunteer or employee. This year we would like to recognize three women whose combined volunteer service totals 95 years! Patty Paumier started volunteering in 1970 and after many years was hired as the Gift Shop Manager, and Sandy Miller has been volunteering for almost 30 years. Both Mrs. Paumier and Mrs. Miller were nominated as Guardian Angels with donations made in their honor, recognizing them for their devotion, incredible generosity and unlimited kindness.

Josefina Laurean is recognized as the "heart of the food pantry" by Director of Community Health, Lydia Kreil. Josefina started volunteering alongside Sister Carmen Rodriguez when the food pantry began in 1985. Ms. Laurean volunteered for 14 years before being hired, working tirelessly to help our food pantry and Community Health programs. Ms. Laurean celebrated her 23rd year as an employee, helping to bring healthy food to those in need, further aligning our programs, volunteers and staff with our mission to help people lead healthy, meaningful lives.

6 | Here's to all the champions of the common good.

The St. John's Frontier Society



۲

Leave a legacy with a planned gift

Named for the pioneering spirit the Sisters of Mercy brought to California more than a century ago, the Frontier Society was established to recognize individuals who have included St. John's Healthcare Foundation in their estate plans.

A legacy gift enables you to support St. John's Hospitals through the Foundation with general bequests, beneficiary gifts through a retirement account, a Charitable IRA Rollover, Donor Advised Funds, or Gifts of Life Insurance, to name a few. With so many different vehicles for giving, there is a right one for any situation in life.

The "next" frontier for Ventura County healthcare is based on the continuing integral partnership between St. John's Hospitals and the community, where a gift designated today, but given tomorrow, can help shape the lives of children and grandchildren when they need a top-notch healthcare facility/provider.

Join the Frontier Society today and preserve the founding Sisters' extraordinary legacy—dedicated, accessible care for everyone for generations to come. Members receive recognition on our donor wall, in publications, and invitations to hospital events.

If St. John's is presently included in your plans, thank you for your generosity. Please let us know if you would like to be publicly recognized for your support as a Frontier Society Member.

Planned giving benefits

- Give a gift that costs nothing during your lifetime
- Make a gift that pays you income for life
- Establish a named endowment to carry forward your family legacy
- Give life insurance you no longer need

• Donate appreciated stocks, bonds, or mutual fund shares and realize larger tax savings than when you donate cash

- Preserve your estate for your heirs
- Create a lasting legacy at St. John's and enable the hospitals to invest in the future

To learn more, please contact the Foundation at 805.988.2868 or visit SupportStJohns.org.

7 | St. John's Healthcare Foundation

The Humanitarian Gift Society

The Humanitarian Gift Society is a distinguished group of like-minded donors who see the value in St. John's mission and invest in the future of our hospitals to make a powerful impact on the lives of our patients.

The original Humanitarian concept was formed in 1952 by a dedicated group of business, civic, and medical leaders who recognized the importance of making a significant investment to ensure the availability of high-quality health care resources to their community.

Humanitarians generously give \$1,000 or more on an annual basis to ensure that St. John's Hospitals are equipped to maintain the highest standards of care. Members are invited to Foundation and Hospital



events throughout the year and recognized in publications, the digital donor honor roll at both hospitals, and on the Foundation website. To become a member, please contact the Foundation at 805.988.2868 or visit SupportStJohns.org.

Humanitarian Gift Society Fiscal Year 2023 members

St. John's Healthcare Foundation gratefully acknowledges and celebrates the generosity of the members of the Humanitarian Gift Society in Fiscal Year 2023.

13 Wishes Foundation Care Connection Transport Services Mr. and Mrs. Frank Catalano Ms. Suzanne Chadwick Mr. Sol Chooljian and Ms. Laura McAvoy Mr. and Mrs. Robert Cote Mr. Jonathan Davis Mrs. Marcia Donlon Mr. and Mrs. Richard Favor Mrs. Harriet Friedman Dr. and Mrs. Mark Ghilarducci Mr. Rod Gilbert Mr. and Mrs. Gregory Glover Mr. and Mrs. John Grether Mrs. Alice Haskins Mr. and Mrs. Frank Hiji Mr. Stephen Huber

Dr. Suzanne Fussell and Mr. Joseph Iwuajoku John McGrath Family Partnership Mr. and Mrs. William Kearney Mr. and Mrs. John Laubacher Mr. Thomas Llovd-Butler Mr. Dean Maulhardt Mrs. Brianne McGrath Mr. Thomas Meade Dr. Megan Mescher-Cox and Mr. Jeff Cox Mr. and Mrs. Ken Miller Mr. and Mrs. Sparky Miller Mrs. Elizabeth Miller Mr. and Mrs. Robert Moore Mr. and Mrs. Joseph Muklevicz Mr. and Mrs. Anthony Murguia Mr. Walter Nickerson and Ms. Anita Nickerson

Dr. Timothy O'Connor Dr. and Mrs. David Paumier Mr. and Mrs. Dan Rodriguez Mrs. Mary Gene Ryan Mr. and Mrs. Frank Scalfaro Mrs. Dorothy Scott Mr. and Mrs. Paul Shapiro Dr. Prithvi Sharma and Dr. Surekha Sharma Dr. and Mrs. Lee Wan Mr. Edward Waters III and Ms. Jane Waters Mr. and Mrs. Christopher Wells Mr. George West and Mrs. Patricia Fox-West Dr. and Mrs. George Yu Mr. and Mrs. Jerry Zins, Jr.

8 | Humanity lights the way.

€



From left: Arlene Tidwell, Ray Uyemori, Helen Cruz, Leann Johnson



Joy Keces and Jackie Johnson



From left: Jody Knudson, Sharon Luberacki, Brigette Dickinson

SJHC Auxiliary hosts volunteer appreciation luncheon

For the second year in a row, the St. John's Hospital Camarillo Auxiliary was able to continue its annual board installation and awards luncheon in June 2023. The special luncheon introduced the group's incoming Board of Directors and recognized volunteers who reached a milestone of hours volunteered. St. John's President and CEO Barry Wolfman and Market Vice President Mission Integration George West each spoke at the event.

The Auxiliary also presented the St. John's Healthcare Foundation with a generous gift of \$60,000 towards the beautification near the Sub-Acute and Wound Care units at SJHC, with desert-themed landscaping, shade, and additional seating for healing and relaxation. The gift also provided funding for a new security server with additional security cameras and monitoring capabilities.

With wide varieties of work experience and education, hospital volunteers complement the various service positions and are essential to patient care at St. John's. In Fiscal Year 2023, 207 community members volunteered, almost twice as many from the prior year, additionally there were a total of 21,779.5 volunteer hours at both hospitals, contributing \$774,479 in value.

Kindness in action

St. John's Regional Medical Center (SJRMC) was featured in multiple publications this year, including *People* magazine. One of the most heartwarming articles published, and featured on our local broadcast news, was about the everlasting love between a married couple who were admitted separately to the hospital, but could not stay apart.

The connection between husband and wife, 91-yearold Jess Cirino and 92-year-old Mary Lou, who had just celebrated their 66th wedding anniversary, inspired the medical staff to take action. Throughout their stay, staff went above and beyond to bring them together and eventually helped coordinate a vow renewal ceremony with



family and friends attending. Just days later, they were both discharged from the hospital together. One medical staffer said, "The healing power of love is what has helped their medical recovery."

9 | St. John's Healthcare Foundation

Memorial and tribute gifts

In times of sorrow, a gift in memoriam provides the opportunity to honor the passing of a friend or a loved one. In times of joy, a gift in celebration serves as a unique acknowledgement of a milestone, such as the birth of a baby, a birthday, an anniversary or special occasion in honor of a friend, relative or colleague. These memorial and tribute gifts were received between July 2022 and June 2023.

()

In honor of Leila Bermudez Noura Bermudez

In memory of Ann Brown Mr. Fred Brown

In memory of Eduardo Bruzzone Mrs. Mary Ann Bruzzone

In honor of Patricia Paumier Mr. and Mrs. Leo Bunnin

In honor of John Borchard Jr. Mr. Sol Chooljian and Ms. Laura McAvoy

In memory of Mary Cronley Mr. and Mrs. Thomas Cronley

In memory of Mrs. Mary Faye and Mr. Steven Bassett Ms. Margaret Dockendorf

()

In memory of Charles H. Dollison Ms. Helen Dollison

In honor of Roberta Muklevicz Mr. and Mrs. Matthew Eyre

In honor of Christina Frazier Mr. Barry Frazier

In honor of Dr. Micha Rojany Mrs. Harriet Friedman

In honor of Dr. Richard Rothschild Mrs. Harriet Friedman

In memory of Harold E. Friedman Mrs. Harriet Friedman

In recognition of caregiver Briena Gery Mr. Jeffrey Gery

In honor of Dr. Sue Hall Mr. and Mrs. John Grether In honor of Claire Friel Carty's birthday Mrs. Alice Haskins

In memory of Rufina T. Duya Mr. Remedios and Mr. Dominador Mallari

In honor of Dr. Scott Zager Mr. and Mrs. Yuzo Matsutsuyu

In honor of Dr. Andrew Jeffers Mr. and Mrs. Ken Miller

In honor of Sandra Miller Anonymous

In memory of Dr. Sheldon A. Miller Mrs. Elizabeth Miller

In honor of Sister Suzanne Soppe Morgan Stanley Global Impact Funding Trust

In honor of Joel Isackson Mr. and Mrs. Ronald Papell

In memory of Barbara Pena Anonymous

In memory of Ron Conner and Margaret Conner Anonymous

In memory of George Andrew Bjurman Ms. Kathy Pommet

In memory of Arturo R. Rabano Amparo Rabano

In memory of Donald L. Robles Mr. and Mrs. Theodore Robles In memory of Dan and Lamar Rodriguez Mr. and Mrs. Dan Rodriguez

In memory of Thomas and Vivian Huff Mr. and Mrs. Dan Rodriguez

In memory of Gerald A. Scott Mrs. Dorothy Scott

In memory of David Smalley Mrs. Barbara Smalley

In memory of Ofelia Solomon Mr. and Mrs. Avelino Solomon

In memory of Ina Mae Luker Torres Ms. Janel Sperling

((()

In memory of Gladys Budlong St. John's Hospital Camarillo Auxiliary

In memory of Katie McLaughlin St. John's Hospital Camarillo Auxiliary

In memory of Mark Truman St. John's Hospital Camarillo Auxiliary

In honor of Dolores Walker Ms. Gail Summers

In memory of Inez Torkelson Ms. Alyssa Torkelson

In recognition of Lydia Kreil, Director of Community Health Anonymous

In memory of Laura Drehsen Mr. Matthew Wauchope

10 | You're what humankindness is all about.

Community outreach programs

Senior Wellness Program

Free of charge, St. John's offered a Walking Program, health screenings and classes at Oxnard Senior Centers. The seniors had a lot of fun, especially during the monthly Nutrition Bingo and the Cooking Demonstrations done by the Community Health RD, Carolina Villavicencio. The majority of those participating in the health screenings (92%) have a doctor. Through the collaboration with American Heart Association, most (57%) of the Colonia Senior Center participants were able to receive a blood pressure monitor.

Diabetes Support Group

Diabetes in the United States affects 34.2 million people. That's one in every 10 people, and one in five does not know they have it. Of California adults, 55% have either pre-diabetes or diabetes. But we can prevent or delay Type 2 Diabetes. Community Health Programs emphasize things that we can do, like be more active, eat healthy and lose weight, if needed. We offer monthly health classes and support group meetings. On a regular basis, Dr. John Ford, Community Health Medical Director, presents different topics of interest for those who are managing this chronic disease.

Blood Sugar Screenings

After a three-year hiatus due to the COVID pandemic, St. John's Community Health staff was able to return to Oxnard Plaza Park to offer free blood sugar screenings. One individual participating with his brother at the screening had no idea he had diabetes. When the test was done, and his sugar level was high, it was recommended he see a doctor. He was in disbelief, because he thought his brother would have diabetes, not him. The client went to see his doctor, and indeed, he had diabetes. He came back to share his story and express his gratitude, because now he is on medication and his blood sugar is under control.

Chronic Disease Self-Management Program

In January, Community Health Education collaborated with Gold Coast Health Plan to provide the Chronic Disease Self-Management Series in Spanish—Tomando Control de su Salud-to interested Colonia Senior Center participants. The series met for two hours,



of a cooking demonstration seminar led by Carolina Villavicencio at the Colonia Senior Center in Oxnard this past March.

once a week, for 6 weeks. Despite the length of the class, participation was outstanding, with a total of 21 participants completing the six week series. Participants learned more about one another and found ways to support each other in meeting their weekly goals. One program participant shared that, because of this class series, she learned she was not alone in managing her chronic health condition and felt more willing to ask for help when she needed it. Another shared that attending this series helped her seek help for her depression. While a commitment, these classes have helped participants find support and ways to improve their health.

To join us, please call 805-988-2865. Services are provided in English and Spanish.

A



1600 North Rose Avenue Oxnard, CA 93030

Tel 805.988.2868 SupportStJohns.org

۲

Address service requested



۲