



**St. John's
Healthcare Foundation™**

A Dignity Health Member

Caring for Our Community

2013-2014 Annual Report





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Message from the Sisters of Mercy



Sister Suzanne Krawczyk,
R.S.M., R.N.
*Sisters of Mercy Sponsors
for St. John's Hospitals*



Sister Suzanne Soppe,
R.S.M., M.P.H.
*Sisters of Mercy Sponsors
for St. John's Hospitals*



Luke 10:29 Who is my neighbor?

Here at St. John's Hospitals it's been another year filled with stories of caring for the health and welfare of our community. St. John's Regional Medical Center has a 102 year history and St. John's Pleasant Valley Hospital has a 40 year history of serving this community. There are thousands of stories of patients and families, young and old, who have been helped because of the efforts of our Foundation Board Members and the generosity of our benefactors.

Not only have we attended to the question of: Who is my neighbor? Through our works we strive to address the physical, emotional, and spiritual needs of all those who participate in our Community Outreach programs and those who are admitted to our hospitals. None of this could have been possible without the leadership of our Executive Leadership team and your generosity.

We Sisters of Mercy send out our sincere gratitude to each and every one of you for your support.

We look forward to serving this community with you in the years to come.

Sister Suzanne Krawczyk, R.S.M., R.N.
Sisters of Mercy Sponsors for St. John's Hospitals

Sister Suzanne Soppe, R.S.M., M.P.H.
Sisters of Mercy Sponsors for St. John's Hospitals

Message from the Foundation Chair



Jerry Zins, Jr.
Foundation Chair
St. John's Hospitals
in Oxnard and Camarillo

It is with great pride that I share this note of gratitude with you. I take pride in working with the dedicated medical and executive staff members of our St. John's Regional Medical Center and St. John's Pleasant Valley Hospitals. It is pride that drives me to lead our St. John's Healthcare Foundation Board to raise funds for both of our medical facilities to offer the best in quality care to our community at large. Our dedicated Board members work diligently as community ambassadors to help provide funds for needed equipment in both of our hospitals, and to provide our medical personnel with state-of-the-art medical devices and hospital facilities available today. And we are grateful to the many donors in our community that feel the pride that we all do at St. John's in making our hospitals the best that they can be.

We start off our 2014-2015 fiscal year with a new capital campaign, called 'The Circle of Dignity.' This Foundation Board driven campaign will provide funds for a much needed renovation of the emergency department at St. John's Regional, a new three story tower at St. John's Pleasant Valley to ensure quality care for our community at large for years to come, and finally for ongoing stem cell research at our facilities to help our bodies heal in the event of a serious health issue (i.e., repairing a damaged heart muscle due to heart failure, etc.). It is our goal to keep our St. John's Hospital's on the cutting edge of medical advancement for the benefit of our local Ventura County community.

We find ourselves in challenging times within the healthcare industry today. It is the goal of our medical staff, executive staff and Foundation Board members to maneuver through the maze of medical initiatives, and to continue to make our St. John's hospitals the destination of choice for your healthcare needs. So, please support us by giving generously to the St. John's Healthcare Foundation to assist us in furthering our Sisters of Mercy mission of providing compassionate care to you, our partners in our community, our partners in life.

Jerry J. Zins, Jr.
Chairman, St. John's Healthcare Foundation

Hospitals' Vital Statistics

Established in Oxnard, CA in 1912 by the Sisters of Mercy, St. John's Regional Medical Center grew from a six-room wooden structure to a 265-bed hospital. Today, St. John's Regional Medical Center offers health and wellness programs, comprehensive medical programs and services, including acute rehabilitation, cardiac care, cancer care, maternity and childbirth services, orthopedics, and neurology, and is also home to St. John's Cancer Center of Ventura County, St. John's Regional Spine Center, and St. John's Center for Surgical Weight Loss.

St. John's Pleasant Valley Hospital was founded in 1974 in Camarillo by a group of community leaders who believed that the community needed a hospital in its midst. Licensed for 180 beds, SJPVH has the only 24-hour, hospital-based hyperbaric medicine and wound healing center in western Ventura County.

Together, St. John's not-for-profit hospitals represent the largest acute-care health organization in Ventura County and provide a continuum of health care services spanning more than 50 specialties and enlisting the expertise of nearly 600 physicians, as well as a highly capable group of supporting caregivers. As a result, local residents do not need to venture outside Ventura County to receive a wide array of necessary medical services – St. John's Hospitals welcomes and serves anyone who enters, regardless of ability to pay.

Our People

Full & Part-time Staff Employees **1801**
Medical Staff with hospital privileges **595**
Volunteers **550**

Our Service

Babies Born **2,285**
Surgeries Performed **6,819**
Emergency Visits **74,577**
Patients Served **138,297**
Cancer Outpatient Navigations **599**

Community Benefits

Financial Assistance **\$3,972,162**
Unpaid Costs of Medicare **\$36,976,217**
Unpaid Costs of Medicaid **\$33,296,987**
Community Services, Health Fairs and Outreach **\$786,877**
Health Education & Benefits for the Broader Community **\$393,464**
Total Community Benefits **\$75,425,707**

St. John's Mission and Values

Our Mission

St. John's follows the mission set forth by their founding Sisters of Mercy and is committed to delivering excellent, compassionate, and affordable health services; serving and advocating for our disenfranchised sisters and brothers; and partnering with others in the community to improve the quality of life.

Our Values

Dignity - Respecting the inherent value and worth of each person.

Collaboration - Working together with people who support common values and vision to achieve shared goals.

Justice - Advocating for social change and acting in ways that promote respect for all persons and demonstrate compassion for our sisters and brothers who are powerless.

Stewardship - Cultivating the resources entrusted to us to promote healing and wholeness.

Excellence - Exceeding expectations through teamwork and innovation.





Dear St. John's

Dear St. John's:

The professionalism, compassion, and sense of duty portrayed by the St. John's staff who cared for my mother before she passed away last May reminded me of a story told by Father Albert.

As the story goes...during the Civil War, President Lincoln visited a hospital that because of a shortage of doctors was being manned by Nuns and Priests. As Lincoln watched the clergy treat Union and Confederate soldiers side by side, he commented to his aids that he never saw anything so beautiful and majestic. He described watching the Nuns and Priests tenderly caring for the soldiers as the "manifestation of the splendor and compassion of the hand of God."

Lincoln said that many a night he went down on his knees because there was nowhere else to go, but the night he observed the Nuns and Priests treating the soldiers was the one night that he did not need to fall to his knees. Witnessing the treatment of the wounded soldiers restored his Faith and sense of Hope – and, it reminded him that there is a better tomorrow.

I believe that Abraham Lincoln would have said the same thing about the staff at St. John's that he said about the Nuns and Priests manning the Civil War Hospital. The staff at St. John's made the last hours of my Mom's Life both peaceful and comforting. I am in debt to the staff at St. John's for the way they treated Mom in her last days and hours and I can never thank them enough. I close with thanks, gratitude, and prayers for the staff at St. John's and their families.

Thank You and God Bless,

Allen Miller

St. John's Healthcare Foundation Financials

Stewardship Report

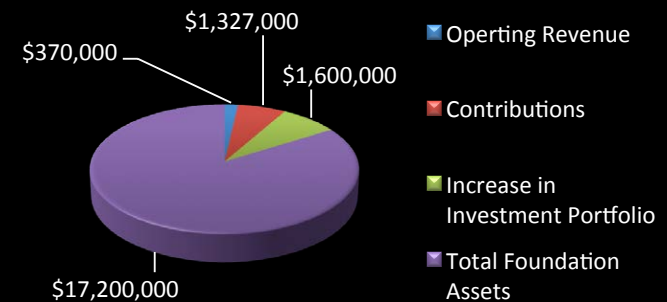
St. John's nonprofit hospitals welcome and serve anyone with need, regardless of ability to pay. It is our goal to serve the minds, bodies, and spirits of all who enter through our doors; and stand in partnership with patients, employees and physicians to improve the health of all communities served.

We dedicate our resources to:

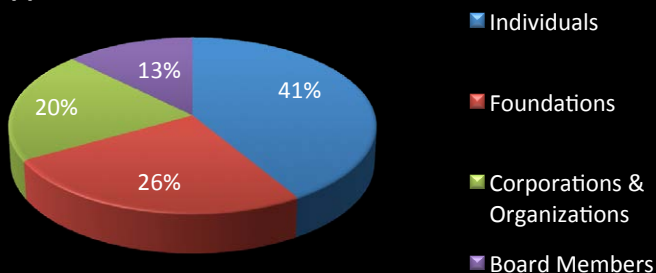
- delivering high-quality, affordable health services;
- serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- partnering with others in the community to improve the quality of life.

Our purpose is health, our spirit is strong.

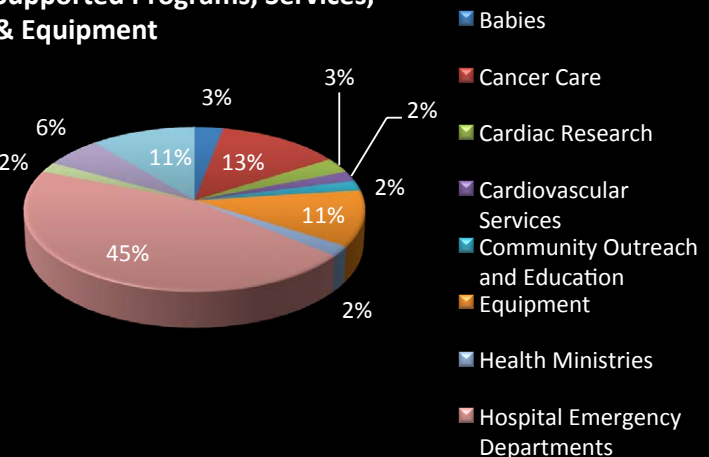
St. John's Healthcare Foundation reports total revenues of over \$3.3 million with total assets of \$17,200,000 for FY14, ending June 30, 2014



Annual Sources of Charitable Support



Supported Programs, Services, & Equipment



Caring for our Community

Community Outreach

Because prevention is always preferable to treatment, health screenings are a critical component of community wellness. At St. John's Hospitals, our highly trained medical staff provides many types of no and low cost, bilingual (English and Spanish) health and wellness outreach programs and services. In addition, many of the health professionals involved provide their services for the various programs on a volunteer basis.

Shots for Kids and Adults Clinics

Through our Shots for Kids and Adults Clinics, 1469 underserved, uninsured and/or under-insured children and adults received free or very low cost vaccinations in FY14. This represents a 359% increase over last year in flu vaccinations alone. St. John's works in partnership with many local agencies and organizations to provide immunization clinics and health screenings throughout Ventura County. No one is turned away from the clinics, but the program specifically impacts the following populations in a very positive way:

- *Seniors and people with chronic health conditions who are at risk of complications from Influenza and Pneumonia*
- *Children who need to be immunized against childhood diseases and Influenza viruses*
- *Pregnant women, family members and caregivers who may provide a risk of Influenza and Pertussis to an infant*

Mobile Health Clinic & Community Health Screenings

Free of charge, the St. John's Mobile Screening unit performed healthy heart screenings and education for 1606 children and adults in FY14. Health screenings include tuberculosis, blood pressure, hemoglobin, cholesterol, height, weight, body mass index, waist circumference, and blood glucose. Individuals who need further medical evaluation or care after receiving their screening results are referred to appropriate health services. For more information contact Gabriel Guillen, RN, PHN, FCN at 805.981.7412.



St. John's Hospitals appreciate the Livingston Memorial Foundation for giving a \$20,000 grant to purchase needed vaccines and supplies for our childhood immunization program.

Caring for our Community

Food Pantry

Located at 535 Cooper Road adjacent to Christ the King Church, Food Pantry staff and volunteers managed 116,117 pounds of food last fiscal year. Last year, the Food Pantry provided 7,102 families with bags of fresh and canned foods, served 15,669 hot meals and gave away 2,109 holiday food baskets.

Clothes Closet

Located next to our Food Pantry, 2,109 items of gently worn clothing were donated to men, women, and children in FY14. In addition, used books, small appliances, and other household items were donated to local people in need.

To find out more information or to donate clothing, please contact the Health Ministries Department at 805.988.2651. To volunteer, please call Volunteer Services at 805.988.2627.

Generous community members who responded to the Healthcare Foundation's mail appeals over the past two years have donated over \$36,000 for the Health Ministries Basic Needs Fund and St. John's Food Pantry.

Senior Wellness Program

For 27 years, St. John's has collaborated with the City of Oxnard Senior Services to provide the Senior Wellness Program. This bilingual (Spanish/English) senior outreach program helps seniors maintain optimal health and fitness through education, health screenings, immunizations, support groups, and referrals. Fitness classes and a walking program help seniors stay limber and fit. Eighty five percent of Walking Program participants with diabetes achieved an average blood sugar level at or below current medical recommendations by the end of the program year. A \$5,000 Senior Services Contribution Award from the City of Oxnard was instrumental in keeping this program viable. For more information contact Sister Soppe, RSM at 805.988.2693.



For 29 years, Josefina Laurean has been providing a friendly face to people served by St. John's Food Pantry – 13 of those years were spent as a much-appreciated volunteer.



Caring for our Community

Diabetes Education and Support

“I learned to become my own Diabetes Counselor”

Diabetes is a silent disease and the seventh leading cause of death in the United States contributing significantly to the leading cause of death – heart disease. Diabetes is also the number one cause of kidney failure, non-traumatic lower limb amputations, and new cases of blindness. It is an epidemic that affects the health of our community, with one recent study finding that in Ventura County nearly one-third of hospitalizations of people over 35 were linked to diabetes.

Here at St. John’s Hospitals, we offer multiple classes and programs to educate and support people with diabetes, as well as those who are pre-diabetic, or just interested in staying diabetes free. ***Hello: Living Well with Diabetes*** is a free six-month program which helps people gain control of their diabetes. In a supportive peer environment, participants learn skills to make the healthy lifestyle choices which can lead to increased well-being in body, mind, and spirit.

One patient’s story:

Mike has been battling diabetes for over thirty years. When he first began attending our diabetes program, he was unsuccessful at controlling his blood sugar, and as a result had been hospitalized and had lost his driving privileges. After two months in our diabetes self-management program, Mike was able to manage his blood sugar and get his driver’s license returned. If you are struggling with diabetes, call the Community Health Education Department for program information at 805.988.2865.

*“In the **Hello: Living Well with Diabetes** program, I learned to become my own Diabetes Counselor. My hemoglobin, HbA1C, blood sugar, total cholesterol, HDL, LDL, and triglycerides were tested, and I received blood pressure and BMI screenings—all at no cost to me. I now understand how to balance my food intake with exercise to control and prevent blood sugar drops. My attendance in the program has definitely had a positive impact on my life.”* **Richard G. Lopez, M.S.**

A \$2500 grant from *The Comerica Charitable Foundation* was enough to pay the annual costs for medication, glucose meters, lancets, and test strips for 25 of our diabetes program patients.

Caring for our Community

Giving Back to the Community

Staying true to our mission of “*partnering with others in the community to improve the quality of life,*” our Community Grants Program provided \$185,000 to ten local nonprofits who are working to improve the health of the community.

- Assistance League of Ventura
- Boys and Girls Club of Oxnard/Port Hueneme
- Brain Injury Center of Ventura County
- Camarillo Health Care District
- Camarillo Hospice
- Interface, Children and Family Services
- Livingston Visiting Nurse Association
- Rescue Mission Alliance – Lighthouse Women’s Shelter
- Servants of Mary – Ministers to the Sick
- The Salvation Army, Oxnard/Port Hueneme Clinic



Caring for our Babies

Cuddler Volunteers

When mom and dad can't be here...our neonatal intensive care babies can receive extra TLC from our specially trained Cuddler volunteers. Research proves that these wee ones will gain weight faster and have a shorter hospital stay with extra cuddling. For information about becoming a Cuddler, call Volunteer Services at 805.988.2887.

NICU Giraffe OmniBed

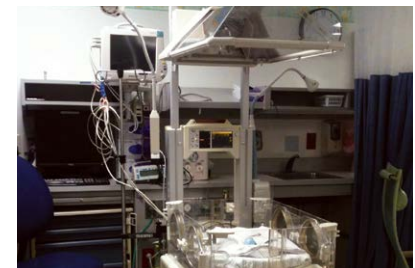
A generous \$40,000 grant from the Harriet H. Samuelsson Foundation purchased a Giraffe OmniBed for our neonatal intensive care unit. St. John's cares for an average of 25 premature babies each month. The newest Giraffe bed provides a gentle environment for our sickest babies who may find NICU their home for weeks or months. The completely enclosed bed reduces noise levels, converts instantly from incubator to radiant warmer, and is spacious enough for twins and any needed life-support equipment.

NICU RetCam3

Premature and very low birth weight babies are at risk for Retinopathy of Prematurity (ROP), a complication of prematurity which can cause blindness. Prior to receiving the RetCam3, our high risk NICU babies were transferred to other facilities for their eye exams where they would remain for several weeks until their eyes were fully mature. Now, thanks to funds designated to infant care by the **Webster Family** through a \$227,081 charitable remainder unitrust, our neonatologists are able to examine the retinas of these fragile infants through digital imaging without the babies leaving the NICU. Using the RetCam3, quality video and still images are taken of the baby's retinas and are forwarded to the ophthalmologist at the specialty facility who then reviews the images. The baby can thus receive an accurate and timely assessment without the stress of transport and separation from the home community.

Healthy Beginnings Program

St. John's Healthy Beginnings program offers services and classes covered under Medi-Cal for pregnant women under the care of a participating physician. In FY14, 95.2% of Healthy Beginnings moms saw a physician during their first trimester and none of the babies born to participating moms were very low birth weight. Participants have access to gestational diabetes counseling from a Certified Diabetes Educator, individualized nutrition counseling from a Registered Dietician, and psychosocial consultations from a Licensed Marriage and Family Counselor. All services are offered in Spanish and English.



NICU Giraffe OmniBed



Dr. Ekwa-Ekoko holds the RetCam3 hand piece which is used to screen her smallest patients for complications of prematurity which may lead to blindness.

Caring for the Sick

Cancer Center of Ventura County

An \$85,000 grant from the **Avon Foundation for Women** was instrumental in supporting our full-time bi-lingual, bi-cultural oncology Nurse Navigator in the *Integrative Breast Center and Cancer Center*. Thanks to the Avon Foundation for Women, breast cancer screenings and outreach has greatly expanded to local women who lack the resources to seek healthcare. In addition, our oncology Nurse Navigator, Alicia Zaragoza, received the Fainer/Tauber award for “Nurse of the Year.” The St. John’s Cancer Center Nurse Navigator provided patient navigation to 599 patients last year.

Dignity Health St. John’s Hospital Cancer Program received a three year accreditation as a Community Hospital Cancer Program by the Commission on Cancer. The Cancer Center is an integral part of that approved program and is a one-stop resource for cancer services, information and support, including support groups, a bilingual therapist for individual counseling and relaxation therapy and yoga.

The Cancer Center received over \$25,400 in unrestricted funding last year thanks to our giving community members who responded to the Healthcare Foundation’s year-end mail appeal. These funds will be used to provide mammograms for women under 40 years of age who need a diagnostic mammogram and cannot afford one. In FY 2014, the Cancer Center provided 229 live-saving mammograms free of charge.

Cancer Education Center at St. John’s Pleasant Valley Hospital

Open Monday through Friday, 10 am – 2 pm at St. John’s Pleasant Valley Hospital Outpatient Surgery Lobby

The Cancer Education Center is an information and resource center. The Center is staffed with hospital volunteers who have received training from the American Cancer Society and who are available to help navigate current information and resources. For more information, call 805.988.2641.



Caring for the Sick

Cancer Nutrition Counseling

St. John's Cancer Center of Ventura County continues to offer the only available Board-Certified Oncology Nutrition Specialist in Ventura County. Since 2003, Susan Speer, MS, RD, CSO, FADA has been providing individual oncology nutrition counseling sessions, group presentations, cooking classes to cancer patients and their families as well as education to health professionals through her work with St. John's Hospitals. St. John's is grateful to Meadowlark Service League for many years of support, including a donation of \$17,500 in FY14 which helps ensure the nutrition program remains free to the community.

Sub-Acute Unit St. John's Pleasant Valley Hospital

Patients in St. John's Sub-Acute Unit come by chance but stay by choice.

St. John's Sub-Acute Unit is home to people who have suffered from an illness or trauma which has left them unable to care for themselves but who are not in need of acute care hospitalization. Many people in our Sub-Acute Unit have lived on the Pleasant Valley Campus for decades, and many of our nurses have been providing their care for decades. Patients and caregivers become extended family, which is perhaps why there is always a resident waiting list for a room in the Sub-Acute Unit.

St. John's Hospitals is grateful to the Meadowlark Service League for providing \$7,500 to help fund much needed medication carts, replacing a 1980s version with safer electronically locking carts.

We are grateful to the Weingart Foundation for giving St. John's Regional Medical Center a \$115,000 grant to complete an upgrade of outdated telemetry equipment in our critical care units. This project was instrumental to continuity of care and patient safety, and has provided clinicians with needed tools to monitor a patient's cardiac rhythm and oxygen saturation from various locations within the building. Thank you, Weingart Foundation!



"I have never felt more appreciated as a CCE than when I rotated through Sub-Acute, and I know I will take this experience and apply it to my future patients." ~ Max Lester, CCE Intern

Caring for the Spirit

Spiritual Care Department

Spiritual care, whether honoring the beginning or the end of life, is a hallmark of St. John's Hospitals, the only faith-based acute-care providers in Ventura County. The Spiritual Care Department at St. John's is known and recognized for the highly professional standards of pastoral care provided to patients, their families, and our staff.

While our doctors and nurses focus on the needs of the body, our hospital chaplains help our patients, families, and staff find spiritual strength in challenging situations. This past year, in addition to serving our patients needs, our chaplains provided morning and evening prayers as employees began their shifts; offered blessings for new clinics, new offices, and new employees; and provided Mass multiple times each week in both hospital chapels.

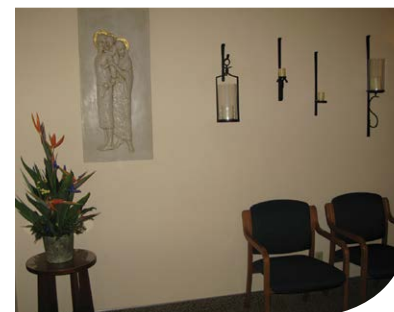
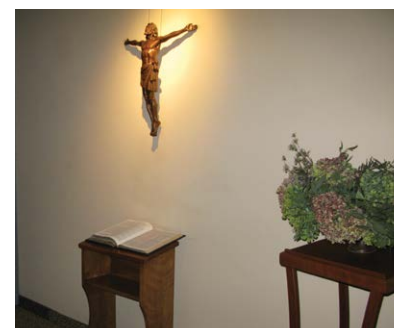
In service to the community, St. John's chaplains accompanied our mobile clinic and participated in healthcare fairs promoting advance healthcare directives, POLST education, and spirituality as a resource for coping. The Spiritual Care Department also provides ministry to local law enforcement and other charitable organizations, and recently expanded services to AlmaVia, assisted living community in Camarillo.

St. John's chaplains were the first to assess and respond to the spiritual needs of hundreds of migrant children hosted at our local military base.

BY YOUR SIDE

A Volunteer Service

When your loved one is in the hospital and you cannot be near, a trained BY YOUR SIDE volunteer can provide a compassionate presence in your absence. For patients in their last hours or days, a BY YOUR SIDE volunteer can provide basic comfort care and alert the nursing staff to changing patient needs. Whether family members need a chance to shower or sleep, or are in need of respite, the Palliative Care team wishes to provide patients and their families with emotional and practical support. This program is a collaboration of Camarillo Volunteer Hospice, St. John Volunteer Program and our Palliative Care Services. For more information call 805.389.6870 ext. 12.



Caring for the Spirit

“Where words fail, music speaks.” ~Hans Christian Andersen

Thanks to a \$10,000 gift from the **Diane Warren Foundation**, our patients were provided with many hours of live and recorded music carefully chosen just for their needs.

Therapeutic Music Program in Palliative Care Unit

William Merrill said, “There is nothing in the world so much like prayer as music is.” Just as Merrill expressed, at St. John’s Hospitals our Therapeutic Music Program provides prayer in the form of music to our patients and their families. Music has the ability to speak directly to one’s heart, open difficult conversations, and evoke memories which can be shared even when words fail. Music provides space for physiological healing and recovery; and opens the way for emotional balance and peace. Music is able to help patients connect emotionally with loved ones and facilitate needed conversations for the ill and dying. Hearing is the final sense available to the dying...by offering music to patients in Palliative Care, St. John’s was able to combine compassion and humankindness with clinical excellence.

Thank you, Diane Warren Foundation and Trustees!

Archstone Foundation

A multi-year grant by the Archstone Foundation was completed in FY14, culminating a tremendous effort to bridge the work of the Spiritual Care Team with that of the Palliative Care Team. The funds supported end of life care and education and the integration of chaplaincy with the medical model of death and dying. Over a several year period, the \$200,000 grant helped to train an interdisciplinary team in spiritual care including: how to identify spiritual care needs; how religion and spirituality differ; how to provide culturally appropriate spiritual care; and what it means to give “good grief support.” St. John’s is grateful for Archstone Foundation’s support of our critical care patients and their families, and for helping to advance a spiritual care model within our hospitals that is compassionate, culturally aware, and nondenominational.



Caring for the Future

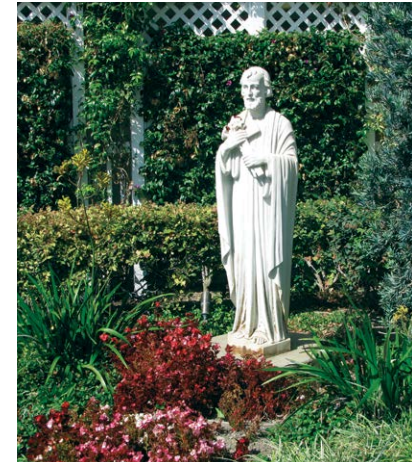
Circle of Dignity – *Discovering... Building... Healing*

Campaigns Primed to Serve Future Generations

For over 100 years, St. John's and the Sisters of Mercy have been serving the health care needs of Ventura County residents. From a six-room wooden structure in 1912 to the largest acute care health organization in Ventura County today, St. John's Hospitals have continued to meet the demands of a growing community while maintaining a steadfast commitment to the mission and philosophy of the founding Sisters of Mercy.

St. John's is proud to provide the following comprehensive programs and specialized services:

- 24-hour emergency care services
- Accredited Oncology Program
- Cardiac Rehabilitation Program
- Cardiovascular Services
- Cardiovascular Stem Cell Research
- Center of Excellence for Surgical Weight Loss
- Certified Primary Stroke Center
- Community Education and Wellness Programs
- Comprehensive Diagnostic Imaging Services
- Designated STEMI Receiving Center
- Health Ministries and Community Outreach
- Inpatient Rehabilitation and Physical Therapy Center
- Integrated Breast Center
- Intensive Coronary Care
- Lung Cancer Screening Program
- Maternity and Childbirth Center
- Neonatal Intensive Care Unit (NICU)
- Neurology and Neurosurgery Services
- Outpatient Surgery
- Outpatient Therapy Center
- Palliative Care Services
- Radiation Oncology Center of Ventura County
- Robotic Surgery
- Spine and Orthopedic Services
- Spiritual Care Services
- St. John's Cancer Center of Ventura County
- Sub-Acute Care Unit
- Surgical Services
- Wound Healing and Hyperbaric Oxygen Center



Caring for the Future

Circle of Dignity – *Discovering...*

Cardiovascular Stem Cell Research

Discovering new ways of treating cardiovascular disease is at the heart of St. John's *Circle of Dignity – Cardiac Stem Cell Research Campaign*. For decades, cardiovascular disease has been the leading cause of death in the United States and throughout the world. While we work to address the causes of heart disease through prevention strategies, it is imperative to also devise therapies for those who are suffering from cardiovascular disease. Current medical treatment is aimed at symptom management, but there are no approved therapies which stop the progression of a dying heart or that repairs damage from a heart attack. But, treatment using a patient's own stem cells has the potential to do both – *repair damaged heart muscle and stop the disease progression*.

St. John's Hospitals is proud to support the lifework of Nabil Dib, MD, MSc, FACC, interventional cardiologist and researcher who is known and respected on an international level for his work to improve the quality of life and survival for patients with cardiovascular disease. Dr. Dib is the Director of Cardiovascular Research at Mercy Gilbert and Chandler Regional Medical Centers, and St. John's Regional Medical Center. Dr. Dib is also Associate Professor of Medicine and Director of Clinical Cardiovascular Cell Therapy, University of California San Diego, Director of Heart Sciences Center, President and Founder of the International Society for Cardiovascular Translational Research, and Editor in Chief of the Journal of Cardiovascular Translational Research.

The goal of cardiac stem cell research is to provide alternative therapies for repairing or replacing damaged heart cells and restoring cardiac function for patients who have had no success with or who are not candidates for traditional approaches such as surgery, medication, transplantation, and mechanical assistance devices. St. John's cardiovascular clinical research projects draw potential participants from around the country.

The goal of the *Circle of Dignity Stem Cell Campaign* is for St. John's Healthcare Foundation to raise \$3 million to support this important research. To support the research or to find out more information, contact Debi Klein, VP of Philanthropy at 805.988.2635.



Dr. Nabil Dib supporting St. John's Healthcare Foundation during the live auction portion of Adventure Gala 2014.

One person in the Nation dies every minute from a coronary event. Isn't it good to know that St. John's is a Certified Primary Stroke Center? Our Heart and Vascular Institute is widely recognized as a leader in cardiac care and ranks among the top 5% in the nation for overall cardiac services.

Caring for the Future

Circle of Dignity – *Building...*

St. John's Pleasant Valley Hospital Tower

Building a new tower at St. John's Pleasant Valley Hospital will help us provide a safer healing environment for our patients, their families, and our healthcare professionals. Built in 1972, St. John's Pleasant Valley Hospital is in need of a major remodel in order to meet new earthquake safety standards. The new tower will include private patient rooms, a Women's Health Center for labor, delivery, recovery and post-partum care, an Out-Patient Surgery Center, Pharmacy, and a new kitchen. St. John's goal is to continue to provide excellent care to the community of Camarillo and beyond.

Circle of Dignity – *Healing...*

Emergency Department

Healing at St. John's Regional Medical Center Emergency Department plays a key role in our county's emergency care needs, averaging over 4400 patients per month with the numbers rising annually. At St. John's Regional Medical Center we treat the highest acuity patients in the county and receive nearly 800 Advanced Life Support calls per month. To better serve the people of our community, our 20-year-old emergency department must be updated to minimize treatment time, ensure a safe and comfortable waiting area, and provide adequate space to respect patient-physician privacy in all areas. Due to the critical need for emergency services, St. John's Healthcare Foundation board members and St. John's Hospitals' executive leadership team have made a \$5 million emergency department renovation and remodel a high priority. To learn more about the anticipated operational improvements anticipated from the remodel, or to give to the fund, please contact Debi Klein, V.P. of Philanthropy at 805.988.2635.

"I am alive today due to God's mercy and the excellent care provided by the attending MD, Dr. Davies, and the nursing/other staff in ER the night of my subarachnoid haemorrhage. The quick response and care I was given throughout my time in ER and subsequent trip by helicopter to Cottage Hospital, is the reason I am able to write these comments today. I can't say enough good things about my ER experience. I am so very grateful and I do not hesitate to tell other about my care." ~Jacqueline Porter



Caring for the Future

Frontier Society

Frontier Society

Frontier Society members think about the future, and make plans TODAY. If you have walked into the reception area of St. John's Regional Medical Center or St. John's Pleasant Valley Hospital you may have noticed a Frontier Society donor wall. Frontier Society members are committed to the mission of the Sisters of Mercy, and provide support to ensure the ongoing success of St. John's Hospitals by including St. John's in their estate retirement plans.

To learn how you can make a gift from your Will or Trust (*which costs nothing during your lifetime*), donate stock or other assets, or set up a Charitable Gift Annuity, please call the Foundation office at 805.988.2821. Have you already named St. John's Healthcare Foundation in your will, living trust, or in your insurance policy? If you have, please make sure we know so we can recognize you as a member of our Frontier Society.

FY2014 Frontier Society Members

Laurie Bigham
Mr. and Mrs. Jerry Cansler
Sue Chadwick
Mr. and Mrs. Hugh Chase
Shirley J. Clark
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Ms. Sally C. Crain
Mr. James D. Crothers
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Caring for the Future

Clinical Care Extender Internship Program

The Clinical Care Extender (CCE) internship is a unique opportunity for students who are interested in pursuing a career in health care. Program participants become valuable members of the patient-care team alongside nurses, physicians and allied health professionals in clinical and administrative settings. Participants rotate through various departments with the potential to serve in areas such as the Emergency Department, observe surgeries performed in the operating rooms, or witness babies being born in Labor and Delivery. Most students in the CCE internship are recruited from the surrounding communities of St. John's Hospitals in Oxnard and Camarillo. Not only are interns exposed to the clinical skills needed to become successful and competent health care team members, they are also educated on customer service skills, hospital and state regulations, and the importance of embodying the culture, mission, and vision of Dignity Health. St. John's seeks to hire graduates of the CCE internship program when possible. St. John's Hospitals' are grateful for the support of the California Endowment which generously granted \$100,000 over the past two years to provide student stipends.

Cancer Care STAR Program®

Survivorship Training and Rehabilitation (STAR) Certification is the gold standard for healthcare facilities that offer cancer care services. The STAR program provides a proven platform to improve the patient experience from the time of diagnosis through the entire recovery process. It addresses the "hidden needs" of cancer recovery - physical, psychological and spiritual. The gift was recommended by Dr. Timothy O'Connor to "provide unique care to patients in our community and to honor the extraordinary efforts of Ann Hildebrand, Dr. Ann Kelley, Kim Spencer, and Cindy Legge in developing those initiatives." The training program is based on the latest standards, research, and best practices in cancer rehabilitation, and ensures high quality care.

Thanks to a generous gift of \$19,000 from the National Philanthropic Trust, St. John's Hospitals is now one of just a handful of hospitals in California certified to offer rehabilitation services for cancer survivors. St. John's Healthcare Foundation provides partial funding for the program as well.

St. John's Hospitals Receive Environmental Stewardship Award

Practice Greenhealth recognized St. John's Hospitals with the 2014 "Greenhealth Partner for Change" Award. Practice Greenhealth is the nation's leading health care community which empowers members to increase efficiencies and environmental stewardship while improving patient safety and care. The "Greenhealth Partner for Change" Award recognizes health care facilities that continuously work toward mercury elimination, waste reduction, recycling, and material reduction programs. Some of the ways St. John's works to leave a smaller environmental footprint include food waste composting, recycling consumables, using non-toxic, green-certified cleaning supplies, and replacing disposable items with reusable items when possible.



Our Partners in Caring

Humanitarians

The Philanthropists of St. John's

St. John's Humanitarian Gift Society members are committed to making a significant personal investment to ensure the availability of local high-quality healthcare by annually giving \$1000 or more in support of St. John's Hospitals. Originally created by a group of dedicated business, civic, and medical leaders, for over six decades St. John's Humanitarians have played an essential role in fulfilling the mission of the Sisters of Mercy and St. John's Hospitals. To become a part of this rich tradition, please contact St. John's Healthcare Foundation office at 805.988.2868.

St. John's Healthcare Foundation raises, manages and distributes funds in support of the mission and values of St. John's Hospitals in serving the community. The Humanitarians are a group of distinguished individuals, businesses and organizations who give unrestricted gifts in support of the hospitals.



Charter Gold

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Charter Silver

Mr. and Mrs. Edward F. Paul

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Joseph E. Burdullis
Dr. and Mrs. M. Eugene Fussell

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Dr. Lisa L. Knapp
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Gregory and Patty Glover
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Mr. Eugene R. Hawkins
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Mr. and Mrs. Frank S. Hiji
Mr. and Mrs. Robert S. Hiji
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Kim Wilson
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Sahin Yanik
Helen Yunker
Mr. and Mrs. Jerry J. Zins, Jr.

Our Partners in Caring



Adventure Beyond the Stars Gala 2014

Over 500 guests gathered at the Ronald Reagan Library for St. John's Hospitals Adventure black-tie fundraising gala to honor recipients of the Catherine McAuley Lifetime Achievement Award. The evening began with a cocktail reception and silent auction. Chuck Dukas served as Master of Ceremonies, Celebrity Chef André Carthen a.k.a. the Fit Chef prepared an exquisite four course meal for the attendees and *Dancing with the Stars* performers Chelsea Hightower, Paul Barris, and Ryan and Ashleigh Di Lello provided entertainment. Dessert was accompanied by a live auction, and *The Platinum Groove*, kept the evening moving with music to dance by.

The Catherine McAuley Lifetime Achievement Award pays tribute to those who have made a lasting contribution to society over their lifetime through works of mercy and volunteerism, and who have made a significant contribution to furthering the mission of Sister Catherine and St. John's hospitals. Catherine McAuley, founder of the Sisters of Mercy, gave her time, talents and sizable inheritance to provide life's essentials to those suffering from poverty, illness and a lack of education.

Our hearts should be replenished with love and gratitude to our God for allowing us graciously to aid Him in the person of the poor. – Venerable Catherine McAuley

St. John's Healthcare Foundation is grateful to the many supporters who gave their time, talents, and resources to make Adventure 2014 a successful event which raised over \$400,000 to support St. John's Hospitals Emergency Services.

Very Special Contributors included:

The Wan Family, Glenwood Care Center, Haas Automation, Las Posas Home Healthcare, The Ensign Group, Mrs. David J. Donlon, CEP America, Union Bank, City National Bank, Assisted Home Healthcare, and Healthwise Home Care Solutions, Inc.

For more information about the Foundation or upcoming events, please visit www.supportstjohns.org or call the Foundation office at 805-988-2868.



Dr. Lee Wan, Katie Waunch and Joe Burdullis were honored guests at Adventure 2014.



Our Partners in Caring

St. John's Healthcare Foundation Golf Classic

St. John's 11th Annual Golf Tournament took place on the beautiful greens of *North Ranch Country Club* in Westlake Village and raised over \$77,000 for St. John's Hospitals Emergency Services. Tournament participants competed in various competitions including an opportunity to win an automobile with a hole in one. Golfers were provided with a continental breakfast before heading out to the putting contest. The top fundraiser won a one week stay in a Palm Springs condo. In addition to the golf sponsors, fundraising activities included a helicopter golf ball drop with a \$1,000 winner and the option to purchase Mulligan tickets. An awards presentation took place during the dinner hour which was served in the clubhouse. A delectable lunch, complete with margaritas, was generously provided by Yolanda's Mexican Café in Camarillo.

To participate in our next Golf Classic, please visit our website at www.supportstjohns.org.



Special Thanks to our Golf Sponsors and Supporters:

CEP America - Emergency Physician Partners
Pueblo Radiology Medical Group
of Santa Barbara, Inc.
X-PRT Staffing Inc.
Northridge Hospital Regional Medical Center
Law Offices of Stephenson, Acquisto & Colman
Iron Mountain
Valley Care Physicians IPA
Dr. Karendip Singh
Assisted Home Hospice
Ventura County Radiation Oncology
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Dr. and Mrs. Marc D. Wolfsohn
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AG RX
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Mr. and Mrs. Arthur M. Sakioka
Ventura County Medical Association
Soares, Sandall, Bernacchi & Petrovich, LLP
Quality Packaging & Supplies, Inc.

Our Partners in Caring

Oxnard Auto Center Donates to St. John's Emergency Services

St. John's Healthcare Foundation received a \$10,000 donation from the Oxnard Auto Center Association in support of the emergency department expansion and renovation project at St. John's Regional Medical Center. The funds for this donation were raised through a special sales event held in October 2013 by the Oxnard Auto Center, specifically to benefit St. John's. The emergency department project will be designed to fulfill the growing healthcare needs of the community and for the comfort of St. John's patients and their families.

"It is an honor for us at the Oxnard Auto Center Association to contribute to the growth of St. John's," said Randy Haddock, secretary of the Oxnard Auto Center Association. "We commend them for all that they do and we are confident that they will continue to do great things for this community."

St. John's Regional Medical Center in Oxnard and St. John's Healthcare Foundation gratefully acknowledge the following Auto Center special sales event participants for their generous support:

- DCH Honda of Oxnard
- DCH Lexus of Oxnard
- DCH Toyota of Oxnard
- DCH Audi Oxnard
- Mercedes Benz of Oxnard
- Scion of Oxnard
- Smart Center Oxnard
- Team Nissan
- Team Infiniti
- Vista Ford of Oxnard
- Vista Lincoln
- Oxnard Hyundai
- Alexander GMC
- Alexander Buick
- Alexander Cadillac

About the Oxnard Auto Center Association

The Oxnard Auto Center Association is comprised of all the dealers located in the Oxnard Auto Center. They are a vital part of Oxnard's business community, and an important contributor to many of Ventura County's community and humanitarian projects. They believe that being a good corporate citizen is an essential trait of any truly successful enterprise.



Our Partners in Caring

Our Volunteers are Priceless

But, if we could put a price on them, the 28,117 hours donated at Pleasant Valley Hospital last year would equate to a labor donation of \$740,602, and the 37,750 hours donated at Regional Medical Center last year would equate to a labor donation of \$994,335! In FY14, hundreds of volunteers donated their time, talents, and energy to make a difference in numerous departments at St. John's hospitals. The dedication, creativity, and enthusiasm demonstrated by our volunteers greatly enhance the health and well-being of our hospital community.

The members of St. John's Regional Medical Center Auxiliary and St. John's Pleasant Valley Hospital Auxiliary raise funds through events and gift sales to support hospital programs and purchase needed equipment. High school and college students over the age 16 and adults over the age of 18 are welcome to explore volunteer opportunities through the Auxiliary Department at each hospital.

Gift Shops

Whether you are looking for a tasty treat, a needed toiletry, flowers, reading material, or the perfect gift, you are likely to find it at St. John's Hospitals Gift Shops. Located in the main floor lobby at each hospital, the gift shops are a regular stop for many local shoppers who delight in the unique products and seasonal gift items. Members of the hospitals' Auxiliary staff both shops, and proceeds fund patient care.



Our Partners in Caring

Pet Therapy

While our dedicated hospital staff treats medical conditions, these four-legged friends care for our patients' souls and warm their hearts. A dose of puppy love is sometimes just what the doctor ordered.

Accompanied by its trained owner-volunteer, a certified pet therapy dog will visit most of the medical floors delivering unconditional love to the bedside of our patients. The volunteer-owners and their dogs adhere to strict infection prevention policies through consistent grooming before and after each trip to the hospital. During visits with patients, the dogs may sit or stand next to the bed or in a chair. Upon request, the dog may sit on a protective sheet on the bed with the patient.

Pet therapy is proven to decrease blood pressure and stress; ease pain and anxiety; encourage social interaction, enhance communication with healthcare providers; improve memory, self-esteem and motivation; and encourage stroke or traumatic brain injury patients to use their hands, take a walk or speak. Today, our program has more than ten dogs that dispense warm affection to our patients.

We are so grateful to have the support of many wonderful partners in our community. Partners whose vitality, generous gifts of time, and open-handed financial support made possible the good deeds and humankindness you have seen between the pages of this report. Thank you from those we serve who were touched by your compassionate nature, and thank you from Foundation Staff for being our partner.

